**Walking by the Spirit**

*FCOC Study Group – Week 6*

*April 21, 2016*

# *The [one] fruit of the Spirit is…*

What the Spirit of God in us produces is a whole way of life – a whole transformation of the heart – that has many beautiful aspects. If a tree bears apples, it is producing a fruit with skin, flesh, seeds, stem, etc. Likewise, when Paul listed the nine qualities as the fruit of the Spirit, he was describing nine faces of the one kind of life that the Spirit produces in us. He also did this when describing love (1 Corinthians 13:4-8). As we train to walk by the Spirit (Gal. 5:16), be led by the Spirit (5:18), live by the Spirit (5:25), and sow to please the Spirit (6:8), we will have the joy of seeing all these qualities manifesting in the one kind of full life the Spirit produces in us!

**Love**

**Joy**

**Peace**

**Patience/Forebearance** – “long temper”

**Kindness**

**Goodness**

**Faith(fullness)** – trust or trustworthiness

**Gentleness**

**Self-Control** – “inner strength”

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2 Peter 1:5-7 – “Make every effort… possess these in increasing

measure…”

Colossians 3:12-14 – “clothe yourselves… put on…”